



GLUTEN-FREE Bingo

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| TAPIOCA (CASAVA) | RICE | AMARANTH | NUT FLOURS | CHIA |
| YUCA | BUCKWHEAT | WINTER SQUASH | TEFF | LENTIL FLOUR |
| GREEN PEA FLOUR | MILLET | Free | ARROWROOT | WILD RICE |
| SHIRATAKI | CHICKPEA FLOUR | QUINOA | POTATO | PSYLLIUM HUSKS |
| SORGHUM | SWEET POTATO | BEAN FLOUR | COCONUT FLOUR | CORN |